

Together, We're Empowering People With Diabetes

2024 IMPACT REPORT

### LETTER FROM THE FOUNDER & CEO

## Dear Friends,

**Thank you** for your unwavering support throughout 2024. It has been a year of remarkable progress, and we are thrilled to share some of our key achievements with you. As the number of people living with prediabetes and diabetes continues to rise, our commitment to making a meaningful impact has only grown stronger.

We recognize the pivotal role of innovation in diabetes management. We celebrate the groundbreaking work of the people at Novo Nordisk, Abbott, Dexcom, Lilly, Medtronic, Vertex, and so many others whose advancements are transforming lives. At diaTribe, we strive to bring these latest developments to our 580,000 subscribers and nearly six million web visitors, providing timely, accurate, and actionable information to help people with diabetes.

Living with diabetes is a daily, lifelong challenge—but together, we can help people live happier, healthier, and more hopeful lives.  Living with diabetes is a daily, lifelong
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So your support truly matters. We are deeply grateful to everyone who has generously contributed to diaTribe's mission. Without your continued support, we could not achieve the urgently needed impact to improve the lives of people with diabetes.

As we look to 2025 and beyond, we invite you to continue this journey with us. diaTribe has significantly expanded our reach and impact—a testament to the passion and dedication of our team and community. Your support has been instrumental in driving our success, and I want to personally express my gratitude for your belief in our mission.



With gratitude,

**Jim Carroll** CEO, The diaTribe Foundation

## **PROGRAM HIGHLIGHTS**

## 2024 in Review

diaTribeLearn

Making Sense Of Diabetes



## dStigmatize

582,000 diaTribe Learn subscribers

NEARLY **400 NEW articles** on diabetes technology, treatments, and cure **advancements** 

**1.6**<sup>M impressions</sup> on our social media **channels**  NOW AT **30** members globally

22,000 new visitors to timeinrange.org **1.4** million Views of OUr Spoonful of Laughter campaign videos

**36** anti-stigma resources for healthcare professionals, free of charge

EVENTS 2,000 attendees at our 2024 events

## **EDUCATION**

## diaTribe Learn

## Making Sense Of Diabetes

We successfully migrated thousands of articles to a new website, improving accessibility and enhancing the user experience. Our team published nearly 400 articles, providing valuable insights on diabetes technology, clinical trials, medication approvals, and strategies to prevent complications. Collaborating closely with key opinion leaders, we created actionable, serviceoriented content to empower people in their daily diabetes management.

## It is concise and doesn't ever leave me feeling shamed, overwhelmed, or underqualified to manage my diabetes.

-diaTribe Learn reader

Why Diabetes Miracle Drugs like Ozempic Are Off-Limits to Type 1s



Lilly's Once-Weekly Insulin Delivers Similar A1C Reduction to Daily Basal Insulin



Everything You Need to know About Automated Insulin Delivery

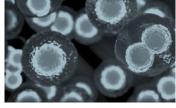


### 8 Apps to Improve Your Time in Range





**Vertex Releases New Data** 



Bridging the Gap: Innovative Solutions for Diabetes Care



### FDA Clears Two New Abbott Over-the-Counter CGMs



### **EDUCATIONAL EVENTS**

# Connecting Experts & People with Diabetes



In 2024, we featured 14 diabetes leaders across three **diaTribe Musings** programs. Two virtual discussions—free and accessible to audiences worldwide—explored ongoing challenges in type 1 diabetes and the nutritional and holistic health considerations of the newest anti-obesity medications. Our annual **Musings Live at ADA**, held at the 2024 **Scientific Sessions**, brought together leaders from four of the largest diabetes technology companies to discuss the latest advancements optimizing diabetes care.

#### SPONSORED BY:

Abbott, Dexcom, Lilly, Medtronic, Novo Nordisk, Tandem, and Vertex

## SOLVABLE PROBLEMS IN DIABETES

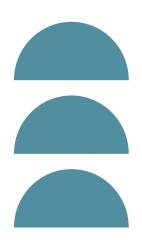
diaTribe hosted two Solvable Problems in Diabetes panel discussions, bringing together a top-tier group of international female researcher-clinicians. The 11th Solvable Problems at EASD focused on diabetes in pregnancy and was moderated by Professor Helen Murphy. The 2nd annual Solvable Problems at ATTD was moderated by Professor Tadej Battelino, co-chair of the ATTD conference.

#### SPONSORED BY:

Abbott, Dexcom, embecta, Lilly, Medtronic, Novo Nordisk, Sanofi, Vertex and Ypsomed

## 18th Annual Diabetes Forum

Kelly Close, Founder of **diaTribe**, and Dr. Steve Edelman, Founder and Director of **Taking Control of Your Diabetes (TCOYD)**, co-hosted the **18th Annual Diabetes Forum at the ADA Scientific Sessions** in Orlando, Florida. The **5th Virtual Forum Broadcast followed** shortly after. These two events featured a distinguished panel of five expert clinician-researchers discussing the latest breakthroughs and key learnings from the conference.



## SOLVABLE PROBLEMS IN DIABETES

## Solvable Problems at ATTD 2024 in Florence: Is it Time for Time in TIGHT Range?



**Dr. Chiara Fabris** University of Virginia School of

Medicine



#### Prof. Tadej Battelino University of Liubliana. Slovenia



Dr. Helena W.

Rodbard

Endocrine

and Metabolic

Consultants

Prof. Nataša Bratina University Medical Center, Ljubljana, Slovenia



## Solvable Problems at EASD 2024 in Madrid: Diabetes and Pregnancy: The Journey to Motherhood

**Dr. Dawn Adams** SHSCT, Northern Ireland



Prof. Elisabeth R. Matheisen University of Copenhagen, Denmark

Dr. Anata Addala Stanford University

**Prof. Helen Murphy** University of East Anglia, UK



**Prof. Arianne** Sweeting University of Sydney, Australia



Dr. Jennie Luna Scripps Clinic Center for Weight Management

Dr. Richard Pratley

AdventHealth

**Diabetes Institute** 



Kelly Close Close Concerns, diaTribe, dQ&A

Dr. Steven V. Edelman TCOYD, California, San Diego



of California, San Diego

Dr. Jeremy Pettus

University

Annual Diabetes Forum

Dr. Ralph

DeFronzo

UT Health, San

Antonio, Texas

at ADA 2024

Prof. Chantal Mathieu

President, EASD;

Katholieke

Universiteit Leuven,

Belgium















## **DIATRIBE MUSINGS 2024 EVENTS**

## Musings Live at ADA Scientific Sessions 2024: Bridging Technology and Therapies to Improve Diabetes Outcomes



## T1D Management: Revolutionized, but Challenges Remain

**Philly De Piante** dQ&A



Dr. Jennifer

Sherr

Yale University

School of Medicine



Julie Heverly

The diaTribe

Foundation

Obesity Medication in People with Diabetes: Nutrition and Lifestyle Have a Role



Dr. Lisa M. Neff Eli Lilly and Company



Lorena Drago RDN and CDCES





Thank you to our 2024 panelists & moderators



## **ADVOCACY**

## TIME COALITION

## Advocating for the tools and information to thrive with diabetes

Continuous glucose monitoring (CGM) and the metrics it provides—like time in range (TIR)—are game-changers in diabetes management. CGM & TIR ease management, improve outcomes across types of diabetes, reduce risk of complications, and even prevent further healthcare costs.

As convener of the Time in Range Coalition (TIRC), we bring together 30 global diabetes organizations including nonprofits, professional societies, industry, researchers, clinicians, and patient advocates to make sure everyone has access to these benefits. Join the learning at www.timeinrange.org

With better information to guide diabetes management, people with diabetes can not only spend more time in range, but more...

## BY THE NUMBERS: Time in Range Coalition's Work in 2024

Through research, education, and advocacy we're working to ensure time in range is utilized to its full potential at home, in the clinic, and by researchers and regulators to improve the care of people with diabetes.

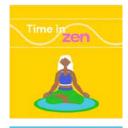
## Education

**150+** healthcare professionals partcipated in continuing medical education on TIR

**22,000** new visitors accessed resources on timeinrange.org

Our content was seen over 200,000 times by friends across the globe!

Our online community grew, with more newsletter **36% subscribers** 







## Research

**43 international experts** convened to identify evidence and recommendations for a consensus statement to guide optimized use of diabetes tech during pregnancy for better outcomes.

**108 studies added** to a compendium of **over 300 high-quality peer-reviewed studies** that inform cutting-edge, evidence-based education.

## Advocacy

Provided consistent advocacy and thought leadership for widespread regulatory, clinical and patient adoption of time in range on a global stage, including:

**10 letters submitted to policymakers** at Food and Drug Administration, European Medicines Agency, Centers for Medicare and Medicaid, and National Institutes for Health

### 5 oral testimonies delivered to

**policymakers** at FDA and NIH meetings, ensuring patient perspectives and the latest evidence are incorporated in the dialogue.



Since the inception of the Time in Range Coalition, people with diabetes and healthcare professionals have increasingly recognized and utilized TIR as an actionable tool for diabetes management.

—Julie Heverly

## TIME IN RANGE COALITION



## ADDRESSING STIGMA

## dStigmatize

Addressing diabetes stigma continues to be an essential missing element of effective diabetes care. However, through research, education, advocacy, and culture change – dStigmatize is pushing back against stigma to create a more respectful, compassionate, and supportive world for all those affected by diabetes.

Truly appreciate what you are doing. Would have been a bit easier growing up with something to bring laughter and light to the invasive and dark times!

## dStigmatize Accomplishments in 2024

Through research and healthcare providerfocused initiatives, dStigmatize is focused on raising awareness around and addressing diabetes stigma.

This year we delivered **six symposium presentations** at scientific and medical conferences and **ten diabetes stigma training sessions** for healthcare professionals. We added **11 new resources** to the dStigmatize Resource Library and our website received **45,000 website visitors and had 400 resource downloads**. This work is sponsored by AstraZeneca, Genentech, Boehringer-Ingelheim, and Lilly.

Visit **dStigmatize.org** to learn more.



Diabetes stigma is often driven by harmful cultural narratives that perpetuate stereotypes and misinformation. Our newest initiative, Spoonful of Laughter, challenges those narratives using comedy. Together with an amazing team of comedians, artists, and advocates, we released six dynamic comedy short films to show that we can tackle the complexities of diabetes in a way that both entertains and engages audiences.

We don't want to lecture people into changing their stigmatizing behavior. We want to lead them, giggling, into a kinder and more joyful future.

Our inagural Spoonful of Laughter campaign achieved:

 1.4 м video views

 100,500
 engagement actions

 100,500
 video shares

 12,700
 video shares

 50,000
 website visitors

 7,200
 new followers

Visit **SpoonfulofLaughter.org** to learn more and access our <u>2024</u> Campaign Impact Report.

## **OUR 2024 SUPPORTERS**

We are deeply grateful to all of our supporters — your generosity improves the lives of people with diabetes.

#### \$100,000 and above

Abbott AstraZeneca Dexcom Eli Lilly and Company Genentech Medtronic Novo Nordisk Vertex Pharmaceuticals

#### \$50,000 to \$99,999

Boehringer-Ingelheim embecta Ionis Pharmaceuticals Lexicon Pharmaceuticals MannKind Corporation Sequel Med Tech Tandem Diabetes Care

#### \$10,000 to \$49,999

Jim Carroll & Scott Romesburg Gordon Ross Medical Foundation Orville and Gayle Kolterman Merck Roche Sanofi Karen Talmadge and John Fiddes Xeris Biopharma Ypsomed Zucara

### \$5,000 to \$9,999

Dick and Mary Allen CeQur Corporation Vicky Chan Diasome Truman Heartland Community Foundation Insulet Jordan family Alan and Elizabeth Moses ProSciento James Sederberg and Tracy Chalk Marjorie and Thomas T. Sennett Archie and Senator Tina Smith Charitable Fund WellDoc Apple Pickers Foundation

#### \$1,000 to \$4,999

Abbott-Murphy Charitable Grant Maryle Ashley Donna Batzel Lawrence Blonde John L. Brooks III Mickey Carusillo Elizabeth Caswell John and Kelly Close Dayton and Sheri Coles Brian & Cheryl Coughlin Family Fund Alison and Richard Crowell Ansley Dalbo Dawn Sunday Gift Fund **Richard Dees Family Fund** dQ&A Bill and Kate Duhamel Charitable Fund Wallace Robert Griswold Jeff Halpern and Hank Donat Roberta and Douglas Herman Michael Horner Danielle Hornung **Robert Hunter** Jewish Federation of Metropolitan Chicago Barbara K. Keller The William W. and Pamela C. Lane Foundation Martino Family Fund Ellie and Robin Neustein

Opatut Garry Family Fund The PBJ Memorial Fund For Creative Gifting The Larry and Gigie Price Fund of the Jewish Community Diane and Seth Scherer Jacqueline Rose Scott Barbara Troupin Charitable Fund Emily and Tom Vitale The Winkler Family Fund of the Jewish Community Foundation Olga Zamora Jason Zenk Jan Paul Zonnenberg

#### \$500 to \$999

Amy Benjamin Rebecca Carpenter Tom Cirillo and Aaron White Lyle Cohen Frank Cozzi Karen L. Davis **Timothy Flanigan Richard Hollington** Munir Kabani Matt Litzler Jim Malone Steven and Jodee Martin Joseph McEnerney **Clarence** Owen Mike Pakzad Cyril Patrick Shaughnessy III and Christine Shaughnessy Lauren Spivack John Sweet Milana Todoroff Viridan Works Charitable Fund Katherine Wolf Fund



Find our more about the many ways you can support The diaTribe Foundation.

#### **Board Members**

Dr. Alan Moses, Chair Jim Carroll, President and CEO Dr. Vicky Chan Dr. Wendy Everett Jeff Halpern, MBA Dr. Roberta Herman Dr. Orville Kolterman Marjorie Sennett, MBA Tom Vitale, JD

#### **Scientific and Medical Advisor**

Dr. Charles M. Alexander

#### **Our Team**

Rachel Allen, Senior Manager, Development Anna Brooks, Managing Editor, Learn Jim Carroll, President and CEO Matthew Garza, Director, dStigmatize Audree Hall, Senior Manager, Digital and Outreach, Time in Range Coalition Derek Helm, Senior Manager, Operations Paul Heltzel, Staff Writer, Learn Julie Heverly, Vice President, Time in Range Coalition and Patient Advocacy Mareda Lewer, Project Coordinator, Time in Range Coalition Jeff Patrick, Chief Strategy Officer, VP Digital Marketing Shae Puckett, Content Manager, dStigmatize Diane Scherer, Senior Director, Development

#### 2024 Use of Funds

80%

Program

Services

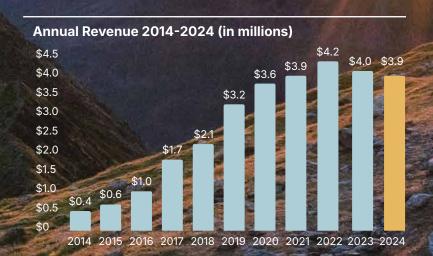
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## diaTribe

Making Sense of Diabetes

The diaTribe Foundation 2352 Market St B, San Francisco, CA 94114



13% Management

& General

7% Fundraising